

PONOKA BATTLE RIVER R²UN

10 KM
5 KM
1KM KIDS
Prizes and medals to be won!

 April 11 at 9 a.m.

 **Baden Powell
Adventure Centre
(3924 46A Street Close)**



For more information and to register,
please visit Racepro.ca/battleriverun



Spring Break Day Camp

March 23 to 27



- For children, ages six to 12.
- At the Ponoka Arena Complex.
- Fun, supervised activities, including sports/games, arts/crafts and hands-on learning.
- Kids will also go swimming!
- To view the schedule and register your child, please visit Ponoka.ca/p/day-camps
- Or register in person at the Ponoka Aquaplex (5315 46 Avenue) or Ponoka Arena Complex (4410 - 54 Street).

Take the Next Step to Becoming a Lifeguard

- Enroll in the Bronze Cross Course at the Ponoka Aquaplex from March 23 to 25 from 8 a.m. to 12 p.m.
- Please note that Bronze Medallion, a current Intermediate First Aid, CPR-C certification and a minimum 13 years of age are prerequisites for the Bronze Cross Course.
- To register, please visit Ponoka.ca/p/recreation-programming or call 403-783-0131. You can also register in-person at the Ponoka Aquaplex.



Help Prevent False Alarm Fire Calls



False alarms can be a serious safety issue. Firefighters could be sent to a call where they aren't needed, making them unavailable for a true emergency.

You can help by following these simple steps:

1. Test your smoke alarms monthly and change the batteries annually;
2. Smoke alarms should be placed at least 10 feet from the stove and oven. Smoke alarms **should not** be placed in bathrooms or garages to avoid shower steam and dust;
3. Call your alarm company immediately if your smoke alarm is accidentally triggered to prevent a fire truck from being dispatched;
4. When you move into a new home, ensure you have the necessary codes and/or passwords to contact the alarm monitoring company in the event of a false alarm;
5. Save the alarm monitoring company's phone number, so you recognize it when they call to confirm if an alarm call coming from your home is a real emergency. Please also ensure the alarm monitoring company has your current contact information; and
6. Review your operator's manual on how your alarm system operates.

To learn more, please visit Ponoka.ca/p/false-alarms

Town Facility Hours for March 5

- The Town Office on the second floor of the Ponoka Civic Centre will open at 1 p.m. on Thursday, March 5. Regular hours will resume on Friday, March 6.
- The Ponoka Arena Complex, Ponoka Aquaplex and Waste Transfer Station will maintain regular hours on Thursday, March 5.

~ TOWN NEWS ~

- **Mark Your Calendar** - Paint the Ice Night is March 23 from 5 to 7 p.m. at the Ponoka Arena Complex. This community event invites residents of all ages to step onto the rink and decorate the ice with colourful, washable markers. Helmets are required. To learn more, please visit the Town's website at Ponoka.ca/p/ponoka-events-and-activities



- **Get Active with New Fitness Classes** - Pilates and Total Body Cardio fitness classes are being offered at the Ponoka Aquaplex Mondays, Wednesdays and Thursdays until the end of March. Classes are \$15 each or \$7.50 each with a Ponoka Recreation Pass. To register online, please visit Ponoka.ca/p/recreation-programming. You can also register in person at the Ponoka Aquaplex (5315 46 Avenue).

- **Grey Carts and Green Carts** should be placed at the curb for pick up on March 4, 5 and 6 - depending on your Zone.
- **Recyclable Materials** bundled in clear or blue transparent plastic bags should be placed at the curb for pick up on March 11, 12 and 13 - depending on your Zone.
- **Missed Pickups** - If your curbside green or grey cart was not picked up on your collection day, please contact E360S dispatch at 403-341-9300 or by email at rddispatch@E360S.ca. If your recycling was missed, please contact E360S dispatch at 587-217-1975 or by email at EPR-Alberta@E360S.ca.

~ UPCOMING COUNCIL MEETINGS ~

- Next **TOWN COUNCIL MEETING**: Tuesday, March 10 at 6 p.m.
 - Next **PRIORITIES AND INITIATIVES COMMITTEE MEETING**: Tuesday, March 17 at 6 p.m.
- The public is welcome to attend all Council meetings. Meetings will be held in Town Council Chambers on the third floor of the Ponoka Civic Centre (5604 50 Street).
- **Council Meeting Highlights** - Can be viewed at Ponoka.ca/p/council-meeting-highlights



Hometown Weekly
Town of Ponoka News and Events

Town of Ponoka
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